

Sitting, Standing, Walking Report
Dictionary of Occupational Titles (Dept. of Labor, 1991)
Telephone-directory deliverer (business services)
230.667-014

DOT: 230.667-014 TELEPHONE-DIRECTORY DELIVERER (business ser.) alternate titles: phone-book deliverer Delivers telephone directories to residences and business establishments, on foot: Receives supply of directories from TELEPHONE-DIRECTORY-DISTRIBUTOR DRIVER (business ser.) or from other individual at central distribution point or from vehicle parked in distribution area, places books on handtruck or in sacks or other containers, and delivers books, following verbal instructions or address list. May pick up outdated directories for return for salvage purposes. GOE: 07.07.02 STRENGTH: H GED: R1 M1 L1 SVP: 1 DLU: 77

DOT-O*NET Crosswalk: <https://www.onetonline.org/crosswalk/DOT?s=230.667-014&g=GO>

Occupational Outlook Handbook
51-9198.00 - Helpers--production workers

Quick Facts: Helpers--production workers	
Typical Entry-Level Education	High school diploma or equivalent
Work experience in a related occupation	None
On the job training	Short-term on-the-job training
Number of jobs, 2016	426,000
Employment Projections	XLSX

Selected Characteristics of Occupations Defined in the Revised
Dictionary of Occupational Titles (Dept. of Labor, 1993)
Telephone-directory deliverer (business services)
230.667-014

The SCO does not provide data on sitting, standing, or walking.



Work Context Report

51-9198.00 - Helpers--production workers

Exertional	%	Response
Spend Time Sitting – How much does this job require sitting?	8	Continually or almost continually
	8	More than half the time
	11	About half the time
	24	Less than half the time
	49	Never
	%	
Spend Time Standing – How much does this job require standing?	49	Continually or almost continually
	9	More than half the time
	18	About half the time
	19	Less than half the time
	6	Never
	%	
Spend Time Walking and Running – How much does this job require walking and running?	19	Continually or almost continually
	27	More than half the time
	21	About half the time
	17	Less than half the time
	15	Never



Abilities Report

51-9198.00 - Helpers--production workers

The O*NET database version 22.3 does not provide data on sitting, standing, or walking.

Occupational Requirements Survey

230.667-014 - Telephone-directory deliverer (business services)

Series ID: ORUP1000030A00000125

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking, mean

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of standing/walking, mean

Year	Period	Estimate
2017	Annual	7.3

Series ID: ORUP1000030A00000126

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking (10th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of standing/walking (10th percentile)

Year	Period	Estimate
2017	Annual	5

Series ID: ORUP1000030A00000127

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking (25th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of standing/walking (25th percentile)

Year	Period	Estimate
2017	Annual	6.4

Series ID: ORUP1000030A00000128

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking (50th percentile - median)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of standing/walking (50th percentile - median)

Year	Period	Estimate
2017	Annual	7.6

Series ID: ORUP1000030A00000129**Not seasonally adjusted****Series Title:** helpers--production workers; hours of standing/walking (75th percentile)**Requirement:** Physical Demands**Occupation:** helpers--production workers**Estimate:** hours of standing/walking (75th percentile)

Year	Period	Estimate
2017	Annual	8

Series ID: ORUP1000030A00000130**Not seasonally adjusted****Series Title:** helpers--production workers; hours of standing/walking (90th percentile)**Requirement:** Physical Demands**Occupation:** helpers--production workers**Estimate:** hours of standing/walking (90th percentile)

Year	Period	Estimate
2017	Annual	8

Series ID: ORUP1000030A00000132**Not seasonally adjusted****Series Title:** helpers--production workers; hours of sitting, mean**Requirement:** Physical Demands**Occupation:** helpers--production workers**Estimate:** hours of sitting, mean

Year	Period	Estimate
2017	Annual	0.87

Series ID: ORUP1000030A00000133**Not seasonally adjusted****Series Title:** helpers--production workers; hours of sitting (10th percentile)**Requirement:** Physical Demands**Occupation:** helpers--production workers**Estimate:** hours of sitting (10th percentile)

Year	Period	Estimate
2017	Annual	-

Series ID: ORUP1000030A00000134

Not seasonally adjusted

Series Title: helpers--production workers; hours of sitting (25th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of sitting (25th percentile)

Year	Period	Estimate
2017	Annual	-

Series ID: ORUP1000030A00000997

Not seasonally adjusted

Series Title: helpers--production workers; % of day sitting is required, mean

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day sitting is required, mean

Year	Period	Estimate
2017	Annual	10.7

Series ID: ORUP1000030A00000998

Not seasonally adjusted

Series Title: helpers--production workers; % of day sitting is required (10th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day sitting is required (10th percentile)

Year	Period	Estimate
2017	Annual	-

Series ID: ORUP1000030A00000999

Not seasonally adjusted

Series Title: helpers--production workers; % of day sitting is required (25th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day sitting is required (25th percentile)

Year	Period	Estimate
2017	Annual	-

Series ID: ORUP1000030A00001003

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required, mean

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required, mean

Year	Period	Estimate
2017	Annual	89.3

Series ID: ORUP1000030A00001004

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (10th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (10th percentile)

Year	Period	Estimate
2017	Annual	75

Series ID: ORUP1000030A00001005

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (25th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (25th percentile)

Year	Period	Estimate
2017	Annual	83.3

Series ID: ORUP1000030A00001006

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (50th percentile - median)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (50th percentile - median)

Year	Period	Estimate
2017	Annual	95

Series ID: ORUP1000030A00001007

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (75th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (75th percentile)

Year	Period	Estimate
2017	Annual	100

Series ID: ORUP1000030A00001008

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (90th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (90th percentile)

Year	Period	Estimate
2017	Annual	100