

Selected Characteristics of Occupations Defined in the Revised Dictionary of Occupational Titles (Dept. of Labor, 1993) Telephone-directory deliverer (business services) Physical Demands Report

DOT: 230.667-014

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Strength:H

SVP: 1

PHYSICAL DEMANDS:

Cl	Ba	St	Kn	Co	Cw	Re	Ha	Fi	Fe	Ta	He	TS	NA	FA	DP	Ac	CV	FV
F	N	F	N	N	N	F	F	N	N	N	O	N	O	N	N	N	N	N

CLIMBING: Frequently

Ascending or descending ladders, stairs, scaffolding, ramps, poles, and the like, using feet and legs or hands and arms. Body agility is emphasized. In Part A, the rating for the Climbing component appears second in the first Physical Demand column under the vertical heading CL

BALANCING: Not Present

Maintaining body equilibrium to prevent falling when walking, standing, crouching, or running on narrow, slippery, or erratically moving surfaces; or maintaining body equilibrium when performing gymnastic feats. In Part A, the rating for the Balancing component appears third in the first Physical Demand column under the vertical heading Ba.

STOOPING: Frequently

Bending body downward and forward by bending spine at the waist, requiring full use of the lower extremities and back muscles. In Part A, the rating for the

Stooping component appears fourth in the first Physical Demand column under the vertical heading St.

KNEELING: Not Present

Bending legs at knees to come to rest on knee or knees. In Part A, the rating for the Kneeling component appears fifth in the first Physical Demand column under the vertical heading Kn.

CROUCHING: Not Present

Bending body downward and forward by bending legs and spine. In Part A, the rating for the Crouching component appears sixth in the first Physical Demand column under the vertical heading Co.

CRAWLING: Not Present

Moving about on hands and knees or hands and feet. In Part A, the rating for the Crawling component appears seventh in the first Physical Demand column under the vertical heading Cw.

REACHING: Frequently

Extending hand(s) and arm(s) in any direction. In Part A, the rating for the Reaching component appears eighth in the first Physical Demand column under the vertical heading Re.

HANDLING: Frequently

Seizing, holding, grasping, turning, or otherwise working with hand or hands. Fingers are involved only to the extent that they are an extension of the hand, such as to tum a switch or shift automobile gears. In Part A, the rating for the Handling component appears ninth in the first Physical Demand column under the vertical heading Ha.

FINGERING: Not Present

Picking, pinching, or otherwise working primarily with fingers rather than with the whole hand or arm as in handling. In Part A, the rating for the Fingering component appears tenth (last) in the first Physical Demand column under the vertical heading Fi.

FEELING: Not Present

Perceiving attributes of objects, such as size, shape, temperature, or texture, by touching with skin, particularly that of fingertips. In Part A, the rating for the Feeling component appears first in the second set of Physical Demand ratings under the vertical heading Fe.

TALKING: Not Present

Expressing or exchanging ideas by means of the spoken word to impart oral information to clients or to the public and to convey detailed spoken instructions to other workers accurately, loudly, or quickly. In Part A, the rating for the Talking component appears second in the second set of Physical Demand ratings under the vertical heading Ta.

HEARING: Occasionally

Perceiving the nature of sounds by ear. In Part A, the rating for the Hearing component appears third in the second set of Physical Demand ratings under the vertical heading He.

TASTING/SMELLING: Not Present

Distinguishing, with a degree of accuracy, differences or similarities in intensity or quality of flavors or odors, or recognizing particular flavors or odors, using tongue or nose. In Part A, the rating for the Tasting/Smelling component appears fourth in the second set of Physical Demand ratings under the vertical heading TS.

NEAR ACUITY: Occasionally

Clarity of vision at 20 inches or less. In Part A, the rating for the Near Acuity component appears fifth in the second set of Physical Demand ratings under the vertical heading NA.

FAR ACUITY: Not Present

Clarity of vision at 20 feet or more. (Note: There is no Physical Demand component for rating clarity of vision in the middle distance of 20 inches to 20 feet.) In Part A, the rating for the Far Acuity component appears sixth in the second set of Physical Demand ratings under the vertical heading FA.

DEPTH PERCEPTION: Not Present

Three-dimensional vision. Ability to judge distances and spatial relationships so as to see objects where and as they actually are. In Part A, the rating for the Depth Perception component appears seventh in the second set of Physical Demand ratings under the vertical heading DP.

ACCOMMODATION: Not Present

Adjustment of lens of eye to bring an object into sharp focus. This factor is required when doing near point work at varying distances from the eye. In Part A, the rating for the Accommodation component appears eighth in the second set of Physical Demand ratings under the vertical heading Ac.

COLOR VISION: Not Present

Ability to identify and distinguish colors. In Part A, the rating for the Color Vision component appears ninth in the second set of Physical Demand ratings under the vertical heading CV.

FIELD OF VISION: Not Present

Observing an area that can be seen up and down or to right or left while eyes are fixed on a given point. In Part A, the rating for the Field of Vision component appears last in the second set of Physical Demand ratings under the vertical heading FV.

Selected Characteristics of Occupations (Dept. of Labor 1993)

The Revised Handbook for Analyzing Jobs (Dept. of Labor 1991)