Sitting, Standing, Walking Report



Dictionary of Occupational Titles

TELEPHONE-DIRECTORY DELIVERER 230.667-014

DOT: 230.667-014 TELEPHONE-DIRECTORY DELIVERER (business ser.) alternate titles: phone-book deliverer Delivers telephone directories to residences and business establishments, on foot: Receives supply of directories from TELEPHONE-DIRECTORY-DISTRIBUTOR DRIVER (business ser.) or from other individual at central distribution point or from vehicle parked in distribution area, places books on handtruck or in sacks or other containers, and delivers books, following verbal instructions or address list. May pick up outdated directories for return for salvage purposes. GOE: 07.07.02 STRENGTH: H GED: R1 M1 L1 SVP: 1 DLU: 77

DOT-O*NET Crosswalk: https://www.onetonline.org/crosswalk/DOT?s=230.667-014&g=G0



Occupational Outlook Handbook

51-9198 - Helpers--production workers

Typical Entry-Level Education	High school diploma or equivalent
Work experience in a related occupation	None
On the job training	Short-term on-the-job training
Number of jobs, 2016	426,000

Source:

Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, Data for Occupations Not Covered in Detail, on the Internet at https://www.bls.gov/ooh/about/data-for-occupations-not-covered-in-detail.htm

All OOH Education & Training: Education And Training By Occupation

Employment Projections by Industry:

https://www.bls.gov/emp/ind-occ-matrix/occ-xlsx/occ-51-9198.xlsx

Industry - Occupation Matrix Data, By Occupation

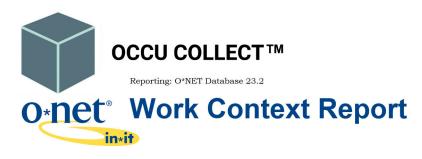


Selected Characteristics of Occupations

Defined in the Revised Dictionary of Occupational Titles, (Dept. of Labor 1993)

TELEPHONE-DIRECTORY DELIVERER 230.667-014

The SCO does not provide data on sitting, standing, or walking.



51-9198.00 - Helpers--Production Workers

Exertional	%	Response
Spend Time Sitting — How much does this job require		Continually or almost continually
sitting?	8	More than half the time
	11	About half the time
	24	Less than half the time
	49	Never
	%	
Spend Time Standing — How much does this job require	49	Continually or almost continually
standing?	9	More than half the time
	18	About half the time
	19	Less than half the time
	6	Never
	%	
Spend Time Walking and Running — How much does this	19	Continually or almost continually
job require walking and running?	27	More than half the time
	21	About half the time
	17	Less than half the time
	15	Never
Structural Job Characteristics	%	Response
Duration of Typical Work Week — Number of hours typically	6	Less Than 40 Hours
worked in one week.	54	40 Hours
	40	More Than 40 Hours



51-9198.00 - Helpers--Production Workers

The O*NET database version 23.2 does not provide data on sitting, standing, or walking.



51-9198.00 - Helpers--Production Workers

Series ID: ORUP1000030A00000125

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking, mean

Requirement: Physical Demands

Occupation: helpers--production workers **Estimate:** hours of standing/walking, mean

Year	Period	Estimate
2017	Annual	7.3

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00000125

Series ID: ORUP1000030A00000126

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking (10th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of standing/walking (10th percentile)

Year	Period	Estimate
2017	Annual	5

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00000126

Series ID: ORUP1000030A00000127

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking (25th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of standing/walking (25th percentile)

Year	Period	Estimate
2017	Annual	6.4

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking (50th percentile - median)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of standing/walking (50th percentile - median)

YearPeriodEstimate2017Annual7.6

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00000128

Series ID: ORUP1000030A00000129

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking (75th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of standing/walking (75th percentile)

YearPeriodEstimate2017Annual8

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00000129

Series ID: ORUP1000030A00000130

Not seasonally adjusted

Series Title: helpers--production workers; hours of standing/walking (90th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of standing/walking (90th percentile)

YearPeriodEstimate2017Annual8

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00000130

Series ID: ORUP1000030A00000132

Not seasonally adjusted

Series Title: helpers--production workers; hours of sitting, mean

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: hours of sitting, mean

YearPeriodEstimate2017Annual0.87

Not seasonally adjusted

Series Title: helpers--production workers; hours of sitting (10th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers **Estimate:** hours of sitting (10th percentile)

Year Period Estimate
2017 Annual -

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00000133

Series ID: ORUP1000030A00000134

Not seasonally adjusted

Series Title: helpers--production workers; hours of sitting (25th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers **Estimate:** hours of sitting (25th percentile)

YearPeriodEstimate2017Annual-

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00000134

Series ID: ORUP1000030A00000997

Not seasonally adjusted

Series Title: helpers--production workers; % of day sitting is required, mean

Requirement: Physical Demands

Occupation: helpers--production workers **Estimate:** % of day sitting is required, mean

YearPeriodEstimate2017Annual10.7

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00000997

Series ID: ORUP1000030A00000998

Not seasonally adjusted

Series Title: helpers--production workers; % of day sitting is required (10th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day sitting is required (10th percentile)

Year Period Estimate
2017 Annual -

Not seasonally adjusted

Series Title: helpers--production workers; % of day sitting is required (25th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day sitting is required (25th percentile)

YearPeriodEstimate2017Annual-

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00000999

Series ID: ORUP1000030A00001003

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required, mean

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required, mean

YearPeriodEstimate2017Annual89.3

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00001003

Series ID: ORUP1000030A00001004

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (10th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (10th percentile)

YearPeriodEstimate2017Annual75

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00001004

Series ID: ORUP1000030A00001005

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (25th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (25th percentile)

YearPeriodEstimate2017Annual83.3

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (50th percentile - median)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (50th percentile - median)

YearPeriodEstimate2017Annual95

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00001006

Series ID: ORUP1000030A00001007

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (75th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (75th percentile)

YearPeriodEstimate2017Annual100

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00001007

Series ID: ORUP1000030A00001008

Not seasonally adjusted

Series Title: helpers--production workers; % of day standing/walking is required (90th percentile)

Requirement: Physical Demands

Occupation: helpers--production workers

Estimate: % of day standing/walking is required (90th percentile)

YearPeriodEstimate2017Annual100

https://beta.bls.gov/dataViewer/view/timeseries/ORUP1000030A00001008

Series ID: ORUV1000030A00000065

Not seasonally adjusted

Series Title: % of helpers--production workers; svp is beyond short demonstration, up to & including 1 month

Requirement: Education, Training, And Experience

Occupation: helpers--production workers

Estimate: svp is beyond short demonstration, up to & including 1 month

YearPeriodEstimate2017Annual65.3

Not seasonally adjusted

Series Title: % of helpers--production workers; svp is over 1 month, up to & including 3 months

Requirement: Education, Training, And Experience

Occupation: helpers--production workers

Estimate: svp is over 1 month, up to & including 3 months

Year	Period	Estimate
2017	Annual	12.7



Occu Collect Calculator

51-9198-Helpers--production workers

Duration of Typical Work Week Calculations				
Hours Value Jobs Calculation				
Less Than 40 Hours	5.91%	426,000	25,177	
40 Hours	53.7%	426,000	228,762	
More Than 40 Hours 40.3% 426,000 171,678				

Hours Standing/Walking Calculations			
Hours	Percentile	Jobs	Calculation
<= 7.3 Hours	Mean	426,000	Not Applicable
<= 5 Hours	10%	426,000	42,600
<= 6.4 Hours	25%	426,000	106,500
<= 7.6 Hours	50%	426,000	213,000
<= 8 Hours	75%	426,000	319,500
<= 8 Hours	90%	426,000	383,400

Sitting is Required Calculations				
% Of Day Percentile Jobs Calculation				
<= 10.7%	Mean	426,000	Not Applicable	
<= -%	10%	426,000	42,600	
<= -%	25%	426,000	106,500	

Standing/Walking is Required Calculations			
% Of Day	Percentile	Jobs	Calculation
<= 89.3%	Mean	426,000	Not Applicable
<= 75%	10%	426,000	42,600
<= 83.3%	25%	426,000	106,500
<= 95%	50%	426,000	213,000
<= 100%	75%	426,000	319,500
<= 100%	90%	426,000	383,400

SVP Calculations			
SVP	Value	Jobs	Calculation
SVP 2	65.3%	426,000	278,178
SVP 3	12.7%	426,000	54,102